

Welcome to the October 2010 edition of the SRT News

What does it mean to be "spiritual"? Does it mean that you are a bit "holier than thou" or self-righteous, that you spend all your time on your knees worshipping your God, or that you are a very serious person, having no fun because you spend all your time trying to please other people in order to prove your worth as a spiritual being?

No - none of these! Spirituality is a way of life. By our very essence we are part of the Creator - a spark of Divinity. The Creator experiences Life through us and we are here to learn and grow in our understanding of our true spiritual nature.

According to the Wikipedia definition, Spirituality can refer to an ultimate or immaterial reality;

[1] an inner path enabling a person to discover the essence of their being; or the "deepest values and meanings by which people live."

[2] Spiritual practices, including meditation, prayer and contemplation, are intended to develop an individual's inner life; such practices often lead to an experience of connectedness with a larger reality, yielding a more comprehensive self; with other individuals or the human community; with nature or the cosmos; or with the divine realm.

[3] Spirituality is often experienced as a source of inspiration or orientation in life

4] It can encompass belief in immaterial realities or experiences of the immanent or transcendent nature of the world.

Being Spiritual, as I see it, is allowing SPIRIT into your life to help and guide you, living life to the full in the knowledge that you are greatly loved; enjoying every moment and rejoicing in whatever Life (God/SPIRIT/Source/Universal Consciousness) brings - and as a "spark of the Divine" it is us choosing to bring those experiences to ourselves. We are responsible - full stop. We are not dictated to by God, we are not victims of circumstance. We create our lives in every moment, ultimately for the education and expansion of our soul.

In Neale Donald Wasch's *Conversations with God Book 1*, he tells us:

The function of the soul is to indicate its desire, not to impose it.

The function of the mind is to choose from its alternatives.

The function of the body is to act out that choice.

When body, mind and soul create together, in harmony and unity, God is made flesh.

Then does the soul know itself in its own experience.

Then do the heavens rejoice.

What then if we, or our clients, are not in harmony and are creating things we don't want in our lives - miserable relationships, lack of love, abundance, poor health? What are we putting out there into Universal Consciousness? Usually we are thinking negative thoughts or speaking negative words often prefaced with I can't, I don't, or I want, I need.



You may believe that you are responsible for what you do, but not for what you think. The truth is that you are responsible for what you think, because it is only at this level that you can exercise choice. What you do comes from what you think.

A Course in Miracles

The secret of health for both mind and body is not to mourn for the past, not to worry about the future, or not to anticipate troubles, but to live in the present moment wisely and earnestly.

Buddha



Practitioners' Website Blog

I am sad to tell you that the blog has been discontinued. It had become a target by spammers whose constant onslaught made the administrative effort involved unsustainable.

I regret that due to the infrequency of use by SRT practitioners it was not financially viable to move it into the practitioners' area. My apologies to those of you who found it a useful resource.

Universal Consciousness does not distinguish between what we as humankind see as duality or polarity, ie good v bad, black v white, hot v cold; it sees everything merely as energy, so we have to be very careful and very specific about our thoughts and words, as well as our deeds. Telling the Universe you *don't want* something brings it nearer to you, constantly affirming the same thing will swiftly bring it into manifestation.

The phrases *I need* and *I want* are also destined to keep you in lack. Replacing these with *I have* makes for a better choice, affirming that you already have the object of your desire. I can hear you say, "yes, but that's not going to bring me health, wealth & happiness **now**, is it?" No, it probably isn't, but as you retrain yourself to always think positive thoughts it will bring you a step nearer and enable you to take action to achieve what you really do want for yourself.

Most of my students have heard me say, "After SRT we do not have problems any more. Expunge the word from your vocabulary. Problems are negative, and affirming you have problems will bring more to you. Instead, use the positive word "challenges" and seek to understand what your challenges are teaching you, and how best you can resolve them."

So what action might you take to ensure a deeper understanding of your spiritual nature, and to bring healing to your issues?

First and foremost, an SRT clearing is of paramount importance. It will help clear out your old programming (past life and this life) from your subconscious memory banks and your cellular memory, give you an understanding of where some of your issues began (often as far back to the time of your soul's creation, when it believed it had been abandoned by God, cast out of Heaven, or disconnected from Source as it incarnated and took on its Earthly flesh) and will show you the negativity that you were running or have the potential still to run.

Secondly, use your SRT clearing to address your issues. It is a system of spiritual transformation which can bring freedom from the mental, emotional and physical. A clearing will go a very long way towards helping you make a huge shift in your life. However it is not a "sticking plaster" and you need to work with it so that it can be used for your best and highest good. If an issue represents itself, ask yourself if you have really addressed it. Your lack of worth may have its roots in past lives but are you using that knowledge to see yourself in a more positive light and taking steps to reinforce that learning and making the requisite changes in your present life?

A clearing can sometimes bring miraculous results yet at other times it doesn't seem that we or our clients have made a great deal of progress. Even if the soul is rejoicing that old programming has been cleared, the conscious mind may still be stuck in its old groove and, just like a computer, may need some new software, ie clearing and releasing statements or other conscious mind work to help re-programme it so that the highest potential outcome can be reached.

I believe that SRT is the very best springboard there is for personal spiritual growth, bringing with it as it does real awareness and understanding of our soul/spiritual self and our relationship with SOURCE.

Quoting again from Neale Donald Walsch, remember:

"... life offers you an amazing opportunity in every single moment to see and experience Who You Really Are. Watch yourself this day. Just watch yourself. Look at what you are doing moment to moment ... and why. Ask yourself in the midst of it, 'What does this have to do with my real reason for being here? Is this what I have come all the way to Earth to experience?' If the answer is a resounding Yes, keep doing it. If the answer is No, ask yourself, 'What in the world am I doing?' Look at the words and consider them, literally. 'What-in-the-world-am-I-doing?' 'What am I involved in every day and what does this have to do with my soul?'"

Every Blessing on your spiritual journey

Linda

NEW SRA LOGO & VISION AND MISSION STATEMENT

The SRA has a new logo. It symbolizes that we are all bright shining stars, all a spark of SPIRIT, reaching out with joy towards our full potential as we truly recognize and empower ourselves in the knowledge that we are Spiritual Beings, living, learning and growing in love and wisdom whilst we are here in our physical bodies.

It was chosen out of many options and took a great deal of consideration by the Board and staff of the SRA before SPIRIT guided them towards the new symbol which will serve us all as we move forward together into a new and brighter future.

The old logo will not be totally obsolete within the SRA, since Rev Robert E Detzler will be retaining it as his own symbol.



VISION:

The Spiritual Response Association envisions a world where anyone can realize their full potential.

MISSION:

To bring this vision into reality we promote empowerment through spiritual support, education, and the certification of SRA consultants and teachers.

The SRA is actively seeking to increase communication with its practitioners, consultants, teachers and clients worldwide. You are its voice, its representatives. In order that the new Vision and Mission Statement reaches all corners of the Earth, please use it everywhere you can it in a true spirit of love and co-operation.

Note: use of the logo is given as part of the accreditation entitlement and is therefore limited to SRA-certified SRT Consultants and SRT/SpR Teachers only.

IMPORTANT DIARY DATE - NOT TO BE MISSED

DETZLER'S VISIT TO UK

Although formal plans have yet to be made, I am delighted to tell you that Robert and Mary Ann Detzler will be in London on **Wednesday 27th April** as part of their European tour which, following the UK, will take them to Passau to celebrate SRT's 10th Anniversary in Germany, Budapest in Hungary and finally to Prague in the Czech Republic.

For those of you who have not met our founder and his wife, this could be your opportunity to do so. It is intended that Robert will address SRT practitioners/consultants and teachers during both the morning and afternoon, presenting the latest SRT information and also discussing Chart 3 in greater depth and how to use it to best effect.

There may also be an opportunity for SRT Teachers and SRA committee members to meet separately with Robert (dependent upon his energy) and/or with Mary Ann during the evening of the meeting.

Please let me know at the earliest opportunity if you would like to participate in this meeting which will be held somewhere within Central London. Any ideas about possible venue would be helpful but clearly we have to look towards containing costs.

Please email me at: linda@spiritualresponsetherapy.co.uk

SPECIAL SRT MEETING

An update meeting/get-together is being planned for 11am-5pm, Sunday 21st November in Maidstone, Kent. Primarily directed at SRT Teachers & Consultants, all serious SRT advance class students are welcome to attend, space permitting! Booking essential.

Please [email Linda](#) for further details.

Spiritual Response Therapy Classes

Classes will be running throughout the year. See website - www.spiritualresponsetherapy.co.uk

Basic: 12th-14th November, Limerick, Ireland

Advance: 15th-17th October, Maidstone, Kent
3rd-5th December, Limerick, Ireland
10th-12th December, Maidstone, Kent

Please [email](#) or ring me if you are interested in joining any of the courses.

Viewpoint Series

Susan is continuing to update us with her latest viewpoints and has also written an historical analysis which gives a timeline to the information she has channeled through.

Watch out too for a fuller explanation about her interesting Breath of Life information, which should be coming soon.

You will find these in the practitioners' area of www.spiritualresponsetherapy.org.uk

Spiritual Restructuring Class

Learn Spiritual Restructuring - a way of working with the body to realign the skeletal and muscular systems - and so much more. Although basic knowledge of the body is useful, you do not need to have a qualification in anatomy and physiology to do this course.

Next course will take place in Maidstone, Kent in February 2011. Open to both SRT basic and advance class students.

[If you are interested in learning SpR, please let me know.](#)

Ascension

One very important way to ensure that you are up to date with the latest SRT information is to subscribe to the SRA's monthly newsletter, Ascension.

Get an application form from:
a.darkwood@spiritualresponse.com

SRA Classes 2011

The SRA will be running an Intensive Skills class in May 2011 and a Mastering Abundance (Self-Mastery 1) Class later in the year.

If you need to do either of these classes for re-certification purposes, or you are seeking certification as a consultant or teacher, please ensure that you keep your diary as free as possible in May.

Dates should be available to us sometime in November and I will let you know as soon as they are confirmed.

If you wish to register your interest now, please [email me](#).

Dictionary of Terms

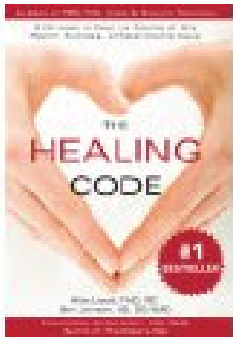
This is an absolute must for all SRT practitioners. It includes a full alphabetical list of terms clearly and simply described. You will learn much from reading it and it will help clarify many of the items found on all the charts.

The Dictionary is available direct from [SRA](#) at \$25 + \$16.45 shipping & handling, (\$41.45/£26.20) or from your SRT Teacher.

I have a limited supply available at a discounted price (my students only) - please [email me](#).

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Book Review



**Written by Dr Alex Loyd
PhD, ND and Ben
Johnson, MD, DO, NMD**

“6 minutes to heal the source of any health, success or relationship issue” is what it says on the cover.

The Healing Code accesses your belief structure (sub-conscious mind) and gives clear instructions how to use a simple coning technique directed at the four healing centres (key points on the head/throat) in order to release old patterns that are blocking healing. Can be used for self, others and animals.

Easy reading and highly recommended.

(Using this book would give your clients a real tool with which to empower and help themselves and it will build beautifully on their SRT clearing.)

www.amazon.co.uk
approx. £36.00

www.amazon.com
\$21.56 + shipping to UK

www.thehealingcodebook.com
\$47.90 (£30) including shipping & free gifts

FREE Website Listing

If you have taken Advance Class from an SRA accredited teacher, live in the UK/Europe or have been taught by a UK/European teacher or by an overseas teacher known in the UK, you can [add your name to the list of practitioners for FREE!](#)

If you would like access to the materials available in the [Practitioners' Area](#), ie updated Preps., Checklists, worksheets, etc. you may wish to consider taking out a subscription to the website. Subscribers need to have been taught by an SRA accredited teacher, as above.

For both, go to www.spiritualresponsetherapy.org.uk and follow the links from the Practitioners' Area tab.

Please note that the papers/information posted on the website are not SRA-authorized material, nor do they form part of the SRA's curriculum.

The preps. & checklists are those that I use myself; some materials are teaching aids and are offered to help you use the system; some are for further conscious mind/counselling work post an SRT clearing.

Linda