



Life and everything in it continues to fascinate me. In fact I have a pretty insatiable thirst for knowledge about all things spiritual and how science - quantum physics/quantum mechanics - is at last catching up with the things that many of us instinctively "know"!

I was privileged enough to attend The Intention Experiment in London at the beginning of March. The speakers at the event were cutting-edge scientists and physicists, all of whom had come along to show us how new science is actually proving that our intentions really do affect everything and everyone with whom we come into contact. It gave me real hope for the future knowing that these very serious and well-respected scientists are at last authenticating the work of SRT practitioners, healers and "energy" workers of all kinds everywhere and are actually proving scientifically that what we do WORKS!

The intentions we have towards others are a vital component in their healing process. These intentions, together with their own desire for healing to take place, can truly create miracles. Our beliefs affect our biology and there is nothing that we cannot change if we so desire, but our beliefs and our intentions are critical components in this process.

SRT gives us the Octaves of Learning as the process for creating things in our life - awareness/desire to change/building faith/willingness/setting goals/completing goals/rest/awareness. It is a never-ending cycle since there is always something new to learn, understand and create. Set your intentions, follow the guidance and change your life and others for the better. Be mindful and create with love and joy!

SRT INTENSIVE CLASS

We are delighted to be able to welcome Mary Ann Detzler and Kathryn Hamilton Cook to the UK in May, when they will be running an SRT Intensive Class in Swindon.

We are currently expecting 40+ teachers/consultants and practitioners to be there. This will give us an opportunity to review old practices, to learn some new techniques and to continue our individual spiritual education. If you are an advance class practitioner and have somehow missed details of this very important class, then contact me as soon as you can at linda@spiritualrespondetherapy.co.uk

www.spiritualrespondetherapy.org.uk has been up and running now for some time and has proved very popular with potential clients and practitioners alike. Our association in the States, the Spiritual Response Association, has also endorsed the site - which has to be good news for all concerned. If you want a one-to-one consultation then use the **Find a Practitioner** section to find an SRT practitioner near you.

I am delighted to report that my own personal website - www.spiritualrespondetherapy.co.uk - has, and continues to undergo improvements both in looks and ease of use, so check it out and let me know what you think about its new "feel".

SRT basic and advance courses have been running here in Maidstone throughout the year. Numbers are generally kept small in order to facilitate learning and to give students as much access as possible to the teacher.

There is a basic course running between 13th-15th April (places still available) and advance classes between 20th-22nd April and 4th-6th May.

Regular up-date meetings are held too, so there is plenty of opportunity to continue to refine and upgrade your skills and to ask questions about any difficulties you may have encountered.

If you and a group of friends would like to learn SRT, I would be happy to come to you! Just let me know where and when and I will do my best to accommodate you.

More course dates will be available for the Summer. Watch out for them on the websites, or via the newsletter.

Words of Wisdom

*Ideas by themselves cannot produce change of being;
your effort must go in the right direction,
and one must correspond to the other.*

Ouspensky Gurdjieff